Under the SUN

- Being thin (How much I weigh)

- Being popular (How many FB friends or likes I have, what people think of me)

Under the SON

- Being healthy (Caring for my body so that I am ready to do what God asks me to do, like go to Haiti or teach recreation to a group of kids)

- Being a friend (Loving people, both saved and lost, like Jesus, even when it costs me, not expecting anything in return)

Promised
Ephesians 1:13-14

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